

Gandhi Jayanti & Lal Bahadur Shastri Jayanti

On October 2, 2026, the 157th and 122nd Birth Anniversaries of Mahatma Gandhi and Lal Bahadur Shastri respectively were celebrated in a meaningful and thoughtful manner by arranging a special talk / demonstration on wellness by Sri. Vasudev Gupta, well-known Yoga Practitioner of Ranebennur whose credentials were made known to the audience by Er. Chaitra M N.

In his address, Sri. Gupta emphasized upon the importance of sleep, water, food and air in maintaining a healthy lifestyle at any age. He called upon the audience to have a regular annual medical checkup and to fast once in a month. He recalled the times when the then Prime Minister of our country, Sri. Lal Bahadur Shastri exhorted Indians to give up one meal in a week to save the food so that the needy people could be fed, which became widely followed as “Shastri Vrat”.

On this occasion, the bhajans- Vaishnava Janato and Raghupati Raghava Rajaram, favorites of Gandhiji were played.

In his presidential address, Sri. Guthi Jambunath, Director STJIT impressed upon the audience the importance of minimalism, self-reliance, integrity and humility in one’s life exemplified by both Gandhiji and Shastriji in their lives.

The occasion witnessed the participation of President of Inner Wheel, Ranebennur (IWR), Smt. Pushpa Malagi, Former President of IWR, Smt. Meenadevi Gupta, Members of IWR, Smt. Aruna Kabade, Smt. Sanjana Kuruvatti, Smt. Nagamani Hulugammanavar and Smt. Bharati Jambagi.

Earlier, the programme began with Nada Geete and Vande Mataram. Principal of STJIT, Dr Maheswarappa B welcomed and Er. Shwetha C M thanked the gathering. The event ended with the rendition of National Anthem.
